



TAFCE

2025 yearbook



Madison County Family & Community Education Clubs

University & Extension Staff

Randy Boyd, UT President Dr. Keith Carver, UTIA Sr. VP / Sr. Vice-Chancellor
Dr. Justin Rhinehart, UT Ext. Dean (Interim) Dr. Janet Fox, UT Ext. Asst. Dean (FCS)
Jerry Lamb, Western Region Director Dr. Lynn Brookins, Regional Program Leader (FCS)

Madison County Extension Staff

Tennille Short, FCS Agent
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Dr. Kane Reeves, 4-H Agent/County Director Hunter Goodman, Agriculture Agent
Kelsea Koonce, 4-H Agent Mary-Glenys Espey, Ag. Horticulture Agent
Everett Charles, 4-H Program Assistant Santana Bingham, 4-H Program Assistant
Delois Thompson, Administrative Assistant

Madison County FCE Council Officers

President: Kim Buckley
Vice-President: Melissa Ross
Secretary: Carlene Tenpenny
Treasurer: Mary Ann Martin

Madison County Club Presidents

Big Springs: Linda Jones Pinson: Sheila McMaster
Raggedy Anns: Michele Gachet Starlights: Christie Martin
Busy Bluffers: Carolyn McLemore

EXTENSION OFFICE LOCATION: 309 N. Parkway Jackson, TN 38305

Phone: (731) 668-8543 **Fax:** (731) 668-8440

Office Hours: Monday- Friday 8 a.m.-12 p.m. & 1 p.m.- 5 p.m.

Programs in agriculture and natural resources, 4-H youth development,
family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture
and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.

2025 Western Region Board Officer and Advisors

<u>President</u> pamela.m.albaro@gmail.com	Pamela Albaro, Montgomery 253 Raintree Drive Clarksville, TN 37042	931-378-9994 (C)
<u>Vice Pres. for Programs</u> patty.mayhall@gmail.com	Patty Mayhall, Decatur 2286 Roberts Rd. Lexington, TN 38351	731-549-7947(C)
<u>Vice Pres. for Public Policy</u> pennyemays1@gmail.com	Pennye Mays, Carroll 91 Beechwood Dr. Huntingdon, TN 38344	731-535-0979 (C)
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<u>Treasurer</u> wallamy@att.net	Amy Wall, Obion 3837 Blue Richard Road Union City, TN 38261	731-446-3799
<u>Parliamentarian</u> esshupe@yahoo.com	Emma Shupe, Humphreys 100 Greystone Lane Waverly, TN 37185	931-2961308(H) 931-209-0256(C)
<u>President-Elect</u> patwoods29@gmail.com	Pat Woods, Montgomery 1002 Red Bluff Way. Adams, TN 37010	(H) 931-358-3517 (C) 931-624-8910

2027 Conference Coordinator -to be determined

Education Chair: Fashion Revue

Janie Jones, Dickson
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Charlotte, TN 37036
615-308-1871(C)
coachnana63@gmail.com

Education Chair: Cultural Arts

Susie Rodgers, Obion
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Kenton, TN 38233
731-676-4874
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Education Chair: Fashion Revue

Maria Howard, McNairy
3711 Bethel Purdy Rd.
Bethel Springs, TN 38315
731-610-6445
mariahoward3@yahoo.com

Education Chair: Cultural Arts

Betty Bequette, Weakley
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731-819-8580
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Advisors

FCS Program Leader, Dr. Lynn Brookins	dbrooki1@utk.edu	731-425-4725
Agent Advisor, Montgomery Co., Tamera Adjei	tadjei@utk.edu	931-648-5725
Agent Advisor, McNairy Co., Schancey Chapman	schjspea@utk.edu	731-645-3598
Agent Advisor, Dyer Co., Rachel Erwin	aerwin3@utk.edu	731-286-7821
Agent Advisor, Decatur Co., Jenny Smith	jsmitt615@utk.edu	731-852-2831



Tennessee Association for
Family & Community Education

Our mission is to strengthen individuals, families, and communities through continuing education, leadership development and community action.



Western Region FCE Website

<https://western.tennessee.edu/family-and-community-education/>

TN Association of Family & Community Education Website

<https://tafce.tennessee.edu/>

Western Region FCE on Facebook

<https://www.facebook.com/WRFCE>

Madison County Extension Website

<http://madison.tennessee.edu>

Madison County Extension on Facebook

<https://www.facebook.com/madisoncountyextension>

Madison County FCE on Facebook

<https://www.facebook.com/MadisonFCE>

UT Extension FCS Website

<http://fcs.tennessee.edu>

UT Extension FCS on Facebook

<https://www.facebook.com/UTExtensionFCS>

Meeting Date: _____



Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

If there were no roses, what flowers could win your heart?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *The Leader in You* ~ Vice-President

Objective: Participants will explore self-development qualities that strengthen leadership skills.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day
"Fill your heart with what's
important- and be done with
all the rest,"
- Copied

Communication Tip

My body language speaks louder than my voice. A pleasant expression and eye contact helps the speaker open up to me and realize that I care who they are and what they are saying.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

If you suddenly came into \$50,000 for fun use only- but you had to spend it all in one store within one hour- where would you spend it?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *Poison Purses and Pantries* ~ Tennille Short,
Extension Agent

Objective: Participants will learn response steps for accidental poisonings and how to protect themselves and others from becoming victims.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"Holding anger is a poison. It eats you from inside. We think that hating is a weapon that attacks the person who harmed us. But hatred is a curved blade. And the harm we do is to ourselves."

- Mitch Albom

Communication Tip

I want to avoid looking distracted when talking to people. Checking my watch or my phone makes me look ready to move on from them and the conversation.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip~ President

Roll Call ~ Secretary

What is the largest rainfall event that you have ever witnessed?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *Creative Day OR Club's Choice Activity*

Business Session ~ President

- Project/Committee Reports**
- Old Business**
- New Business**

Adjourn

Thought for the Day...
"Don't be gloomy. Do not dwell on unkind things. Stop seeking out the storms and enjoy more fully the sunlight. Even if you are not happy, put a smile on your face."

- Gordon B. Hinckley

Communication Tip

I have two ears and only one mouth to remind me that I need to listen more and talk less. I need to make it more of a priority to understand the other person, than to make sure they understand me.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

It's spring picnic time! What would be your favorite cold sandwich to take along?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *From the Bucket* ~ Mary Glenys Espey, Extension Agent

Objective: Participants will learn about the particulars of "bucket" gardening from Madison County's Horticulture Agent.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"I hope spring brings you colors that touch your heart; creative ideas that surprise yourself; clarity to quit what's not working; courage to move on from the past; confidence to go with your gut."
- OurMindfulLife.com

Communication Tip

There are two roles in a conversation: being the talker and being the listener. Both people play both roles at certain points. I am the best communicator when I bounce back and forth between the two roles in a timely manner.

 **JUNE**

Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

What is your LEAST favorite bug that the summertime brings out?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *Stayin' Alive: Keeping the Beat Going* ~ Tennille
Short, Extension Agent

Objective: Participants will learn the science of hands-only CPR and practice the skill.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"Moments are precious,
sometimes they linger and
other times they're fleeing, and
yet so much could be done in
them; you could change a
mind, you could save a life..."

- Cecelia Ahern

Communication Tip

I should have empathy for the things that people share with me. I will listen to what they tell me and show respect for their feelings about the topic. This does not mean that I should get emotional if that is not my true feeling.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

The hot dogs are off the grill. What condiments do you want on yours?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program or Activity: *Creative Day OR Club's Choice Activity*

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"May we think of freedom,
not as the right to do as we
please, but as the opportunity
to do what is right."

- Peter Marshall

Communication Tip

The tone of my voice can convey the wrong message if I enter a conversation frustrated or angry about another situation or conversation. Each interaction deserves a clean slate so that my tone will be one of acceptance.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

Besides water, what is the beverage you choose to beat the heat?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program or Activity: *Creative Day OR Club's Choice Activity*

Business Session ~ President

- Project/Committee Reports**
- Old Business**
- New Business**

Thought for the Day...
"Three things cannot be long-hidden: the sun, the moon, and the truth"

Adjourn

- Buddha

Communication Tip

I have to refrain from talking about myself too much during a conversation. Even if I have experienced multiple things, I should avoid cutting others off to share my personal experiences.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

It's football season! Which sport is your favorite?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *Buy Now, Pay Later?* ~ Tennille Short, Extension Agent

Objective: Participants will determine the pros and cons of using this electronic purchasing avenue ahead of the holiday season.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Thought for the Day...
"There are three kinds of people:
the haves, the have-nots, and the
have-not-paid-for-what-they-
haves."

Adjourn

- Earl Wilson

Communication Tip

When I need to discuss serious topics that might cause stress (like money), I should choose a time when no one feels hungry, tired, or rushed.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

What is something that is considered a “fall recipe”, but you’ll enjoy it anytime during the year?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *Bustin’ Breast Cancer Myths* ~ Vice-President

Objective: Participants will discuss ideas about breast cancer that are untrue, while learning information on risk factors and screening schedules.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Thought for the Day...
“Good health is not something we can buy. But, it can be a very valuable savings account.”

Adjourn

- *Anne Wilson Schaef*

Communication Tip

When I go to visit doctors, I know I won’t have much time with them. It helps if I bring a written list of my top questions or concerns, so I don’t forget anything.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

If you only get one side with your turkey this year, what will you choose?

Minutes ~ Secretary

Financial Report ~ Treasurer

Program: *A Dinner Fit for One or Two* ~ Vice-President

Objective: Participants will identify ways to create a special holiday meal in a smaller size, reducing waste and saving money.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"As we express
our gratitude, we must
never forget that the
highest appreciation is not
to utter words, but to live
by them.

- John F. Kennedy

Communication Tip

When forced to be in the company of someone I don't really like, I should keep the conversation light- discussing the food, the children, tv shows, the weather, or other non-stressful topics.



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

What will there be more of under your tree: paper-wrapping or gift bags?

Minutes ~ Secretary

Financial Report ~ Treasurer

Activity: Club's Choice/ Holiday Fellowship

Business Session ~ President

- Project/Committee Reports**
- Old Business**
- New Business**

Adjourn

Thought for the Day...
"The joy of brightening
other lives, bearing each
other's burdens, easing
each other's loads and
supplanting empty hearts
and lives with generous
gifts becomes for us the
magic of the holidays.

- W.C. Jones

Communication Tip

I will concentrate on allowing only good things to flow from my mouth in conversation. If a word I say should be accurately repeated to someone else, they would either be flattered or unbothered completely.

2026



Meeting Date: _____

Call to Order/Thought for the Day/Communication Tip ~ President

Roll Call ~ Secretary

If you could add 2 extra weeks to any month this year, which month would you add to?

Minutes ~ Secretary

Financial Report ~ Treasurer

Activity: 2026 Club Planning ~ President

Objective: Participants will consider personal and club priorities for the year.

Business Session ~ President

-Project/Committee Reports

-Old Business

-New Business

Adjourn

Thought for the Day...
"If you choose not to find joy in the snow, you will have less joy in your life- but still the same amount of snow."

- Copied

Communication Tip

I will stop talking about things that were done to me a long time ago. I realize that constantly discussing the past can't change it. I am allowing past people to control my current conversations. I am deciding to keep that control for myself.

CERTIFIED VOLUNTEER UNITS (CVUs)

This is your record of volunteer time. Keep your records for future documentations of your volunteer experiences. **Make additional copies of this form as needed.**

Certified Volunteer Units are used to recognize individuals preparing for and completing volunteer work within FCE and the community. You can count telephone and travel time if it relates to your volunteer project. Any volunteer acts count except those for immediate family.

(Example: meals for shut-ins, church work, hospital and nursing homes, charitable or non-profit organizations, etc.)

When you have completed 500 hours of volunteer service, you will receive a Certificate of Recognition from TAFCE. Five hundred (500) hours of volunteer time equals 50 CVUs. Each additional 500 hours will earn a seal to be affixed to the certificate, a maximum of 4 seals per certificate. **The maximum time span for turning in unreported hours is three (3) years.**

Keeping a record of CVU hours can help you in many ways. A record of your volunteer time can help you:

- * Prepare for more responsible leadership and/or volunteer positions with FCE and/or other organizations.
- * Seek paid employment. Properly documented volunteer work can be listed on a job application.
- * Seek elective office. Community involvement and public service are important qualifications for elective offices.
- * Qualify for awards and recognition. Honor and award applications usually ask for a listing of volunteer service.
- * Qualify for scholarships. Volunteer service verifies the scope of your interests and background.
- * To help you grow personally. Volunteering can be fun and personally rewarding. Serving others can be a life-changing experience.

To receive your certificate and/or seal(s), complete the Volunteer Service Summary Sheet. **Turn in CVUs in 500 hour increments only, Not to Exceed 2,000 Hours per year unless documentation is presented to verify excess. Odd hours will be discarded!** Send only the Volunteer Service Summary to your county or Region Vice-president of Public Policy. It will then be forwarded to the State Vice-president of Public Policy. **Check with your Region Vice-President of Public Policy for the deadline in your Region. It is very important that you adhere to these deadlines.** Keep your personal records for reference and documentation.

CERTIFIED VOLUNTEER UNITS

Volunteer Service Summary

Name _____ **County** _____ **Region** _____

City _____ **State** _____ **Zip** _____

Date Submitted for Recognition: _____

Date of Volunteer Activity	Type of Volunteer Activity	Hours of Volunteer Time	# of People Reached

TOTAL HOURS: 0.00

TOTAL PEOPLE REACHED: 0

County _____ **Date** _____

Region _____ **Date** _____

State _____ **Date** _____

[The Total Hours must be submitted in 500-hour increments (i.e. 500, 1000, 1500, not to exceed 2000 per year)]

County Due Date: April 1st

Region Due Date: June 1st
to Region VP of Public Policy

State Due Date: July 1st
to State VP of Public Policy

2025

JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY

S	M	T	W	T	F	S
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MARCH

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30	31					

APRIL

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MAY

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30	31					

JUNE

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JULY

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AUGUST

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30	31					

SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

S	M	T	W	T	F	S
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23	24	25	26	27	28	29
30	31					



FCS
FAMILY & CONSUMER SCIENCES

UT EXTENSION
INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE