

4-H Club Officers

President: _____

Vice President: _____

Secretary: _____

Song Leader: _____

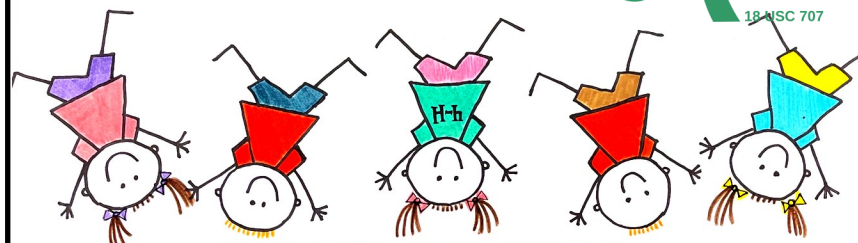
Service Learning Chairman: _____

Let's be friends
in 4-h



2021- 2022 Madison County 4-H yearbook

FLIPPING
FOR 4H



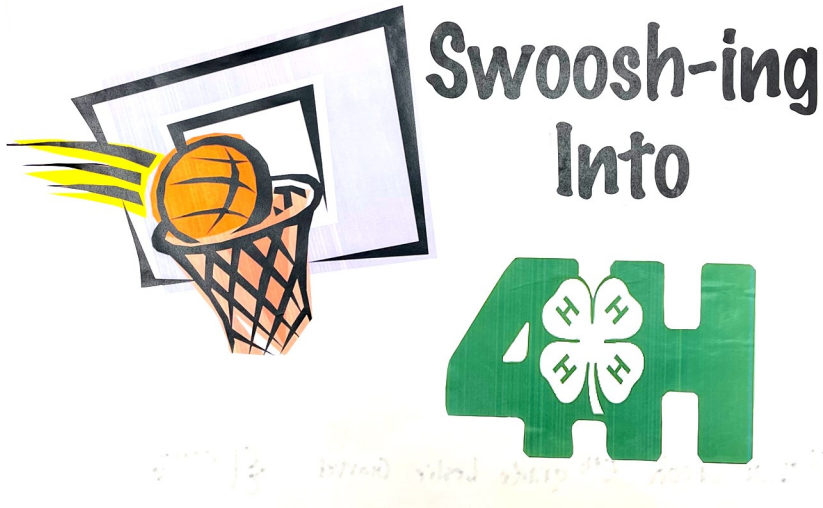
Name: _____

Teacher: _____



Congratulations to the 2020-21 4-H Poster winner!

Each year winners are chosen and placed in the yearbook. If you would like to see your poster win, make sure that you follow the detail listed on page 11. Good luck!

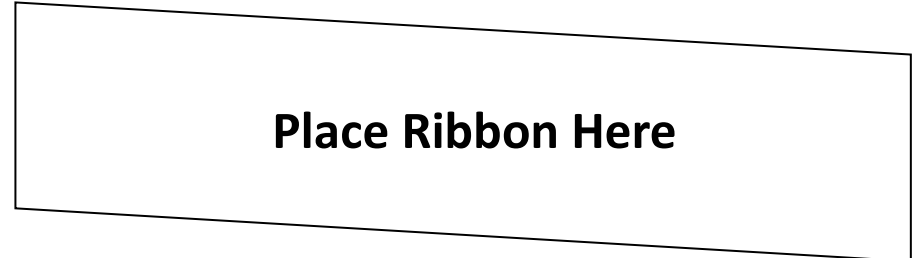


Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th



Contest: _____ Circle: 1st 2nd 3rd 4th



Contest: _____ Circle: 1st 2nd 3rd 4th



Contest: _____ Circle: 1st 2nd 3rd 4th



Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Page 4 Welcome to 4-H

Page 5 Facts About 4-H

Page 6 4-H HAPPENINGS

Page 7 "Dear Parents" Letter
Outstanding Club Awards

Page 8
Decorations

Christmas
NOVEMBER

Holiday Decorations

Wood Crafts

Page 9

Public Speaking

Page 10

Steps in Preparing A Speech

Pointers for a Good Speech.

Page 11

4-H Poster Contest

Page 12

Photography Exhibit

Page 13

Cookie Baking Contest

Page 14

Stitch and Sew

Page 15

It's Bread baking Time!

Page 16

Bread baking Recipes

Page 17

Decorated Super Shirts

Page 18

Piggy Bank Pageant

Page 19

Share the Fun (Talent) Show

Page 20

Service Learning

Page 21

4-H Dairy Poster Contest

Page 22

4-H Demonstrations

Page 23

How To Give A Demonstration

Page 24—25

Judging Teams

Page 26

Tentative Schedule of other 4-H Activities

Page 27

4-H Summer Camp

Page 28-31

Awards and Recognition



NOVEMBER

NOVEMBER

JANUARY

JANUARY

FEBRUARY

FEBRUARY

FEBRUARY

MARCH

MARCH

MARCH

MARCH

MARCH

MARCH

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

APRIL

Table of Contents

Madison County 4-H Clubs:

Welcome to another great 4-H Club Year! The Madison County 4-H Program is a part of The University of Tennessee/ Tennessee State University, The United States Department of Agriculture, and the Madison County Government. The 4-H Club Program and all its projects and activities are available to all youth, grades 4th—12th regardless of age, race, color, national origin, sex or disability.



4-H is the largest youth organization in the WORLD! It is represented in all of the Tennessee's 95 counties. As a 4-H member in Madison County, you join over 3,000 boys and girls in approximately 110 organized clubs. In 4-H, you can meet new friends, have lots of fun, and learn important skills that you can use for the rest of your life.

Take advantage of the opportunities to learn new skills, to be a leader in your club, and to respect and cooperate with others. Have fun while you participate and feel good about your experiences.

The Madison County 4-H Staff are glad that you joined and hope you have a great school year! Remember that you can do anything you put your mind to!

Yours in 4-H Youth Development ,

Mrs. Sharon Tubbs, Extension Agent – stubbs1@utk.edu
Dr. Kane Reeves, Extension Agent - kreeves@tnstate.edu
Mrs. Linda Seaman, Program Assistant– lseaman@utk.edu
Mr. Jalin Curry, Program Assistant– jcurry17@tnstate.edu

*The University of Tennessee/ Tennessee State University Extension
Office Information*

Address: 309 North Parkway , Jackson, Tennessee 38305

Office Hours: Monday—Friday

8:00 a.m.– 5:00p.m.

Phone: 731-668-8543 Fax: 731-668-8440

Madison.tennessee.edu

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

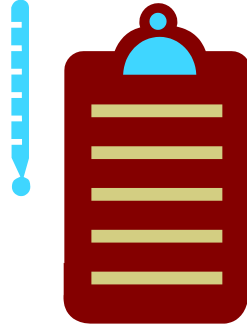
Contest: _____ Circle: 1st 2nd 3rd 4th

Place Ribbon Here

Contest: _____ Circle: 1st 2nd 3rd 4th

Awards and Recognition

Use this area to keep up with your activities and 4-H involvement. Place a check on the items you have completed and/or fill in the blanks with the information needed.



- List your responsibility in your club:

- I lead the American Pledge
- I lead the 4-H pledge
- I gave a demonstration on:

- I won _____ at the county contest.
- I completed service learning projects such as:

- My favorite part about 4-H this year was:

- List other 4-H accomplishments or things that you would like to accomplish next year in 4-H:

4-H Facts

4-H Pledge

I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service, and my **HEALTH** to better living, for my club, my community, my country and my world.

4-H MOTTO

“To make the best better”

4-H Emblem

The National 4-H Club Emblem is a four leaf clover with the letter “H” on each leaf. It represents the four-square development of HEAD, HEART, HANDS and HEALTH. The color white stands for purity and the high ideals. Green is nature’s most common color and a sign of springtime, life and youth.





4-H Happenings

My 4-H Club normally meets on the _____ of each month.

October _____ National 4-H Week Fill out enrollment cards Elect Officers Officer Meeting:	November _____ Enter 1 Christmas Ornament Enter 1 Holiday Decoration Enter 1 Wood Craft County Contest:	December Happy Holiday!
January _____ Enter Public Speaking Contest Enter 4-H Poster Contest County Contest:	February _____ Enter Photography Exhibit Enter Cookie Contest Enter Stich and Sew Contest County Contest:	March _____ Work on Service projects Enter Bread baking Contest and Piggy Bank Decorated Super Shirt County Contest :
April _____ Enter Dairy Poster Contest Enter Demonstration Contest Completed Club points due County Contest :	May Outstanding Club Parties Outstanding Service Learning Parties	June Dairy Month Jr High Academic Conference 4-H Jr. Camp Electric Camp

Any boy or girl between 4th and 12th grades in school may become a 4-H Club Member. As a 4-H club member, you will be expected to do the following:

1. Complete at least one 4-H Project– this is a way of learning more about something that may interest you.
2. 2. Keep records of all your work completed. Turn in the records of your 4-H project work at the end of the 4-H year. Participate in your 4-H meeting at your school.

**** Keeping accurate records, learning to be a good follower, and a good leader, and practicing good citizenship is what 4-H is all about.**

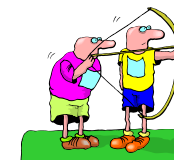
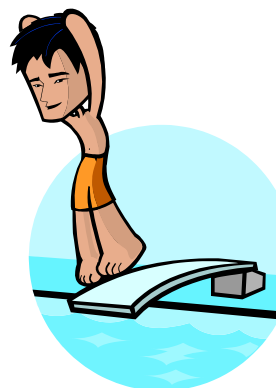


What will you be doing this summer? Out of all the things

you have planned to do , could you spare 5 days for something

GREAT? At our Summer 4-H Club Camp you can:

- Swim in a large pool with friends, old and new!
 - Experience excitement of a huge water slide.
 - Make your very own projects - T-Shirts, crafts, etc.
 - Creek stomp to look for critters.
 - Sing and play games at special programs.
 - Meet friendly camp staff, leaders and 4-H Agents
 - who care and want to help you have a great time!
- Much, much more



The W.P. Ridley 4-H Center in Columbia, Tennessee has a beautifully landscaped 49-acre campus conveniently located just off James Campbell Blvd (Highway 50) near downtown. Campers



are housed in air-conditioned cabins with clean bath facilities. Home-cooked, nutritious meals are served in the cool comfort of a dining hall and campers may always return for "seconds" at every meal. ~

Cost for 4-H Camp will be around \$290. The date is set in June. Other 4-H'ers from West Tennessee will be there to share this experience. The fee includes the cost of a T-shirt and everything else except snacks, souvenirs, and some crafts. You will receive more information and camp application at your April 4-H Club meetings. The 4-H Center, agents and leaders make every effort to make sure you have a safe and your experience is rewarding.

4-H Summer Camp

Other 4-H Activities Available to 6th—12th Graders:

(Exact dates will be announced later)



All-Star Retreat	November
Regional Horse Bowl/ Hippology	February
State Horse Bowl/ Hippology	February
All-Star Spring Retreat	March
State Congress	

March	
Jr. High Portfolios Due	April 1
Regional Horse Judging	April
Regional Wildlife Judging	May
Outdoor Wildlife Leadership	May
Area Horse Show	June
Jr. High Academic Conference	June
Electric Camp	June
Jr. 4-H Camp	June
Jr. High 4-H Camp	July
Line and Design Camp	July
Culinary U	July
Beef and Sheep Expo	July
State Beef and Sheep Expo	July
4-H Round up and All-Star Conference	July
Regional Judging	September
West Tennessee State Fair	September
Regional Land Judging	September



Parents:

We're happy that you have a 4-H'er in your family. We know you want your child to have these learning and growing opportunities available. Belonging to 4-H provide many educational opportunities, and we feel that you want your child to be successful.

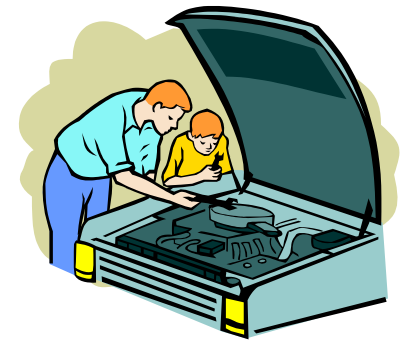
We have found that behind each successful 4-H boy and girl stands a 4-H parent (s) who encourages , guides and supports their child (ren). We hope that you will become interested in the 4-H program by helping your child in their new adventure . 4-H teaches life skills through all 28 projects!

MAKE 4-H A FAMILY AFFAIR!

Here are a few things you can do to help:

- Talk about his or her 4-H project
- Supply materials to work on projects
- Help with creative ideas
- Encourage your child to do his/her best

There are many opportunities available for you to assist with the Madison County 4-H program/ If you are interested assisting in any 4-H program or activities please contact us at 731-668-8543.



OUTSTANDING CLUB AWARDS



Each month your club will receive points on certain parts of your club meeting. Points will be awarded for:

- Participation in monthly contest
- Demonstrations
- Officers attending officer training
- Service Projects
- Club Conduct/ Officer Preparation

The more participation that your club has, the more points your club will earn. At the end of the club year, the clubs that have accumulated the most average points per member will have a Trophy Party. A pizza and Coke party will be given to each of the two clubs with the most point in each grade. Moreover, the top Service Learning Clubs will be honored with pizza and Coke as well. Encourage each other so that your class can win!

November

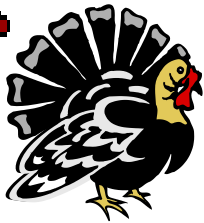
Christmas Ornament and Holiday Decoration and Wood Craft



When November rolls around, our thoughts turn to the Holiday Season. Visions of "sugar plums" may even dance in some of our heads. YES! It's time to begin decorating for the holidays. If you enjoy handcrafted decorations, now is the time to start your projects. Here's a contest for those of you who like to make crafts and to add a special touch to your holidays!

Rules

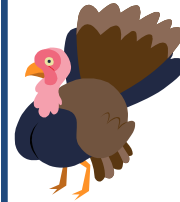
- The 4-H'er should do his /her own work
- Creativity degree of difficulty, and neatness will be the three main judging criteria.
- The 4-H'er may enter 1 or both of the categories:
 - A. Christmas Tree Ornament
 - 1. Any tree ornament with a Christmas theme is acceptable
 - 2. The ornament must have a loop or other device so it can hang on a tree
 - B. Any other Holiday Craft
 - 1. Any craft with an autumn, Thanksgiving, or Christmas theme. (No Halloween Crafts)
- Examples might include but are not limited to: wreaths, cross-stitched, pictures, or other types of needlework, paintings, centerpieces, door hangers, and napkin rings.



Pull out the wood, saw, nails, and glue! This contest is for any glued or nailed together item, made from wood. A kit may be used but YOU must put the items together. This item may be painted, but painting the item is not required.



JUDGING TEAMS

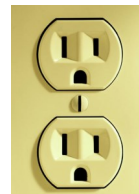


WILDLIFE JUDGING

Learn the food and habitat requirements of Tennessee wildlife. Learn how to evaluate the habitat from aerial photographs and on-site visits.

Life Smart

Teaching teens to be responsible, smart consumers and citizens, Life Smarts is a flexible activity where the elimination rounds are played on-line. The five key areas of consume



knowledge that Life Smarts focuses on are Personal Finance, Health and Safety, Environment, Technology, and Consumer Rights and Responsibilities.

Teens develop teamwork, self-esteem, verbal communication skills, and leadership abilities, as well as having fun, while learning to function effectively in today's marketplace.



OUTDOOR COOKERY

Just about everyone enjoys cooking outdoors. Here is an opportunity for 4-H members to show their skills in this tasty activity! (6" Grade and above)



Junior High and Senior High 4-H members may compete at the regional level for U.S. Savings Bonds. The categories are: LAMB, PORK, BEEF, and POULTRY BARBECUE.

Judging is done on personal appearance of the contestant, cleanliness of operation, timing, equipment, starting and controlling fire, skill in barbecuing, and the finished meats, appearance and taste.



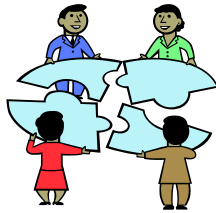
Consumer Decision Making/ Life skills

You learn how to make wise choices for items while participating with a team members. You will use skills that you learned to make decisions based on facts about items such as shoes, clothes, toothpaste, etc..

WOULD YOU LIKE TO HAVE FUN AND MEET NEW PEOPLE? THEN 4-H JUDGING TEAMS ARE FOR YOU!

(Only 4-H'ers in the 4th- 12th grades are eligible for this activity!)

Judging is something we do all the time. We make decisions on what to wear, what to eat, what to buy, etc. Usually, we compare and then make a choice. In 4-H Judging, you learn how to select one article, product, or animal over another. To sign up NOW if you want to be on a judging team, Call 731-668-8543.



HORSE JUDGING



Horses are judged on conformation and performance.

You learn what a quality animal looks

like. You can test your overall knowledge by participating in the Horse Bowl!

FORESTRY JUDGING

Identify trees based on leaves, seeds, or wood. Identify insect and disease problems in trees.

Learn to orienteer and cruise timber.



LIVESTOCK JUDGING



Evaluate physical characteristics of (1) Beef, (2) Sheep, and (3) Swine to find a high-quality animal.

MEAT JUDGING

Learn to identify retail cuts and how to select the best cuts at the store.

LAND JUDGING

Learn about the characteristics of soil, such as texture, water holding capacity, and erosion.



You learn different classes of soil, what they are best suited for, and management practices.

JANUARY

Public Speaking/ Communications



No amount of training and practice will give you as much self confidence and courage as standing before a group of peers to express your own ideas. No matter what career plans, everyone needs to be able to communicate by organizing his/her own thoughts and speaking them to a group. The ability to speak publicly, whether it is before a small committee, your peers or a group of a 100 people, is essential to every 4-H member's development and future.

One of the most difficult task in preparing a speech is selecting an interesting topic.

Everyone is interested in something! Give this serious thought. You cannot use props and no live animals. Look for good information on your subject before beginning to write. By studying your topic, you can be sure your facts are straight . Also, remember to mention 4-H in your speech in some way!

4th GRADE Topic: Open to the discretion of the speaker.

1 to 2 minutes in length.

5th GRADE Topic: Open to the discretion of the speaker.

2 to 3 minutes in length.



6th GRADE Topic: Open to the discretion of the speaker.

3 to 4 minutes in length.

7th & 8th GRADES

Topic: Open to the discretion of the speaker.

4 to 5 minutes in length.

9th - 12th GRADES

All speeches should relate, in some way, to the member's experiences in 4-H and/or things learned through 4-H. (It should be a promotional speech for 4-H.)

5 to 7 minutes in length.



THREE BASIC STEPS IN PREPARING A GOOD SPEECH

INTRODUCTION Greet your audience, or more importantly, get their attention!

Some ways to start are: use a famous quote, words or verses of a poem or song, a humorous story, or the definition of your title.

BODY This is the main part of your speech. You bring out what you want the

audience to know. You will have at least THREE main points, but no more than fine. Avoid statistics and wordy information.

CONCLUSION This is the summarization, or ending of your speech. Some ways

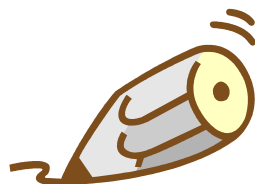
to end a speech are: give a brief summary of the main points of your speech,

close with a poem, quotation, or surprise statement, conclude with a challenge,

ask a question, give your own views on the subject.

POINTERS FOR A GOOD SPEECH

- Include 4-H in your speech in some way.
- Get information for your speech from the library, your parents, teachers, books, magazines, newspapers, or personal experiences.
- If notes are used, write them on note cards. **DO NOT READ YOUR SPEECH!**
- **PRACTICE** your speech until you know it and feel comfortable giving it to others.
- Stand straight, not stiff. Keep your hands at your side. Hand gestures should be natural.
- Keep eye contact with your audience. A good way to practice giving eye contact is to practice your speech in front of a mirror. If you never look up to see yourself in the mirror, you are not keeping eye contact!
- Speak with your natural voice.
- Pronounce your words properly.
- Speak loudly enough to be heard in the back of the room.



I. GETTING STARTED

A. Choose an interesting subject on one of your projects. It's best if you know enough about your subject to tell it in your own words.

B. Plan the three main parts of your demonstration: the introduction, the body and the conclusion.

1. Your introduction should catch everyone's attention. State the purpose of your demonstration. Have a poster with the title of your demonstration.

2. The main part of your demonstration should include a "start to finish" procedure. Use visuals to prove what you are saying. Supplies that are needed should be on a second poster. Some demonstrations may require several posters.

3. The conclusion, or ending, of your demonstration should sum up the main points of your demonstration. Show a finished product. Answer questions. Be sure to tell where you got your idea. Your conclusion should be interesting. If using posters, finish with the title poster on top. ~

C. Outline explanation to go with steps.



II. PREPARE

A. Get the necessary materials and equipment.

B. Make posters for demonstrations. Lettering on posters should be large. Use creativity and good art work. Recommended poster size is 14 x 22 inches (1/2 of a poster board).

C. Make sure your information is correct.

D. Consider the time limits: 2-3 minutes for Explorers and Juniors; 5 to 7 minutes for Junior High members.



E. Plan to be neatly dressed on the day you give your demonstration.

F. Practice your demonstration several times at home before your 4-H Club meeting. Speak slowly and clearly. Be yourself. Look at the audience as much as possible. SMILE!

III. PRESENT

A. Check to make sure you have everything you need.

B. Keep your working area neat and clean. Remember to keep all bowls, boxes, or whatever you are working with, to the side of your work in the center of the table.

C. Do not mention commercial brands or store names. Be sure to give your source of information.

D. Keep your finished product hidden until you need it.

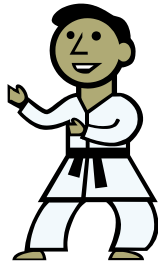
E. Thank your audience for their time and attention!



4-H DEMONSTRATIONS are your opportunity to "show and tell" what you are learning in your 4-H projects. The purpose of giving a demonstration is to tell others about your project. The term "demonstration" is used to refer to illustrated talks, as well as the

"show and tell" method of demonstrating. You MAY give a demonstration from your project material. But a demonstration that does not come directly from your project material shows creativity and research. Below are some suggestions for demonstration topics that can help with your ideas.

Demonstrations are encouraged during 4-H meetings throughout the year. You may ask for help with your demonstration.



YOUR PROJECT

TOPIC SUGGESTION

CITIZENSHIP	Do A Good Deed • Make A Get-Well Card
CLOTHING/Textiles	Buying Quality Clothing
COMPANION ANIMAL (dog, cat, etc..)	Taking Care of Your Best Friend
COMPUTERS AND TECHNOLOGY	Parts of a Computer
CONSUMER EDUCATION/ECONOMICS	Plan a Budget
DAIRY	Dairy Showmanship
ENGINEERING/SAFETY SCIENCE	Being Safe On Your Bike
ENTOMOLOGY	Making An Insect Collection Jar
FOOD SCIENCE	Making Fun Snacks
FORESTRY, WILDLIFE	The life and Growth Of A Tree
HORSE	Types of Saddles
LINE AND DESIGN	Draw A Special Design
NUTRITION/HEALTH/FITNESS	How To Use the My plate



Get into 4-H! Making a 4-H poster gives you an opportunity to show

what 4-H means to you. The Madison Comity winner's poster is featured on our 4-H Club camp T-Shirts! Moreover, the top FIVE posters in the county appear on the covers of our 4-H Yearbooks!

Your poster can have any slogan that relates to 4-H. You can show what 4-H is, what you do in 4-H, or what you think 4-H does for young people or the community. Your idea should be your own, and it should be simple to read. The lettering should be NEAT and readable. DO NOT use "Join 4-H" themes. AVOID well-known cartoon characters, such as Bugs Bunny, Snoopy, and Garfield.



These characters are copyrighted. DO NOT use objects raised over 1/8" from the surface of the poster. On the back of your poster, be sure to fill in the following Information: Name, school,, teachers name and grade. Posters MUST BE MADE FROM POSTER BOARD that is 14 x 22 inches(1/2 sheet of poster board). Posters MUST BE HORIZONTAL.

The art work for your poster should. relate to the slogan. It should be eye-catching and have pleasing colors. Posters may be decorated with water-color, ink, crayon, acrylic, charcoal, oils, collage, or construction paper.

JUDGING CRITERIA:

- A. Originality of design
- B. Information given
- C. Ideas expressed
- D. Art work and lettering
- E. Construction and neatness

ARE YOU A SHUTTER BUG? Here's an activity for you! Select 1 or 2 pictures that you've taken in the past year, and would like to enter in the local contest then mount them on poster board or construction paper to make your exhibits.



You may enter any two categories, but only one entry per category. Select photographs that show imagination! People don't always smile and say, "Cheese!". Take candid shots of people doing everyday activities. Experiment with different angles, making sure your pictures are in focus. Be aware of lighting, as this will effect the quality of your pictures. **PICTURES MUST BE PRINTED!**

Your mounting board should be about the size of notebook paper (6 1/2 x 11"). Fasten your picture to the board using double-faced tape or loops of tape attached to the back of the picture. < This makes removing the picture easier.

The photos may be black and white or color. Instant print, lab developed, or digital prints are eligible. **ALL PHOTOS MUST HAVE BEEN TAKEN BY THE 4-H MEMBER!** Photos may not be more than 1 year old and **SHOULD BE PRINTED.**

The categories are: **PEOPLE, BUILDINGS, LANDSCAPES, and ANIMALS.** A member may enter only 1 photo in a category. (Example: You could enter 1 picture for BUILDINGS and 1 picture for ANIMALS, but not 2 pictures of ANIMALS.) The photos may be black and white or color.



Instant print, lab developed, or digital prints are eligible.

ALL PHOTOS MUST HAVE BEEN TAKEN BY THE 4-H MEMBER! Photos may not be more than 1 year old.

All pictures must be mounted in some way, with a short title under the photo.

The photos may be black and white or color. Instant print, lab developed, or digital prints are eligible.

All pictures must be mounted in some way, with a short title under the photo.



Your NAME, SCHOOL, and TEACHER's NAME must be on the back of each photo

Family holiday activities, summer vacation photos, 4-H Camp pictures, and wildlife scenes make really great Photography Exhibits Start selecting your best pictures today!

1. Your poster must be **HORIZONTAL.**
2. Use 1 sheet of poster board (**14 X 22 INCHES**).



3. Write your name, address, and school on the back.



4. Three-dimensional objects or materials that extend 1/8 inch or more above the surface of the poster **MAY NOT BE USED.**

5. Use the theme that will be announced in your local club meeting.
6. You may show what milk is, how it is used in your diet, why it is important, and what it does for you.



7. "DO NOT use well-known cartoon figures such as Charlie Brown, SpongeBob, Mickey Mouse, etc..... "

8. Your poster will be judged on neatness, use of theme, how well you expressed your Ideas, and originality.



"Learning by Doing" has long been the 4-H slogan. Service Learning has also long been a part of 4-H. The purpose of this 4-H activity is to help teach Citizenship and Leadership through a group effort. But what is Service Learning? It is giving of yourself, your time and talent. Your group might help another club, family, school endeavor, needy individual or the

community. Popular projects to team with your service learning are Safety, Conservation,

Health, and Arts and Crafts. Each individual club member should be involved in some way. It is helpful to get a parent volunteer to assist with the club's project. IDEAS SHOULD BE DISCUSSED WITH THE CLUB PRESIDENT AND THE 4-H LEADER (TEACHER) BEFORE THE MARCH MEETINGS. Start working NOW. If you haven't already, and turn

in report at the last meeting in April.

EXAMPLES OF SERVICE LEARNING PROJECTS

1. Make tray favors for a holiday to be used at the hospital or nursing home.



2. Plant flowers or trees to beautify school grounds or a local park.

3. Collect canned goods for a soup kitchen or cans to recycle.

4. Have a school bulletin board promoting safety at school or safety on the bus.

5. Write a skit or play dealing with safety or citizenship and present it to a younger group at school. This type of project could combine reading and 4-H.

Judging will be done by volunteer leaders. Your club will earn extra points towards Club of the Year by completing a service project. The better the project completed, the more points earned! A written report of the activity and how it turned out should be submitted at the April 4-H Club meeting, along with your club point sheet.

February is COOKIE BAKING TIME in your 4-H Meeting! Pick your favorite recipe and bake your best cookie. Then bring six (6) to your 4-H Meeting. The VERY BEST cookie baker will receive FIRST PLACE!



- ◆ Avoid over baking. Always test cookies for doneness. Remember that in the seconds between the time cookies are removed from the oven and taken from the baking sheet, they continue to bake.



◆ **Guard against using too much flour, either when making or rolling the dough, since excessive flour makes cookies dry and tough.**

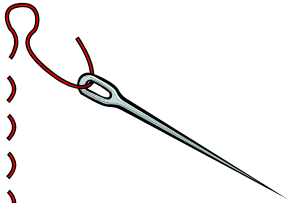


◆ **BAR COOKIES OR NO-BAKE COOKIES WILL NOT BE CONSIDERED. CAKE**

OR COOKIE MIX SHOULD NOT BE USED.

- ◆ Use a pastry cloth and stockinet-covered rolling pin to make rolling easy and to guard against dough sticking.
- ◆ Always remove cookies from the baking sheet with a spatula onto cooling racks and do so immediately after taking from oven.
- ◆ Baking soda, which *is* included in many cookie recipes, aids in the browning process of cookies.
- ◆ Choose the right cookie sheet. 2 inches narrower and shorter than your oven.
- ◆ Cookie dough will melt and spread on a hot baking sheet, have a second cool sheet for the second batch.
- ◆ Make each cookie the same size and thickness when shaping the dough. This insures uniform baking.





Does your favorite hobby keep you in stitches? If it does, show us some of your work!

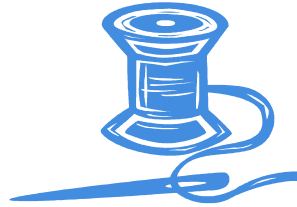
RULES

1. Any of the following techniques may be used: needlepoint, embroidery, counted cross-stitch, knitting, crocheting, hand or machine sewing, weaving, and braiding.



2. The technique may be used to decorate any type of item where YOU normally find it.

3. Quality of the work, as well as creativity, will be the main focus of judging. Of course, the level of difficulty for the age of the 4-H members will also be considered.



4. Do the work yourself. If you have made something in the past year, you may enter it (as long as it hasn't been entered in 4-H before).

MACHINE OR HAND-SEWING IDEAS

- Apron
- Skirt
- Purse
- Scarf
- Belt
- Shorts
- Hats

- Moccasins
- Vest
- Pillow
- Wallet
- Backpack
- Bracelet
- School Clothes



Attention: Talented 4-H Members

Share the Fun is another term for the 4-H Talent Contest. If you have one of the following talents,



A. INSTRUMENTAL PERFORMANCE

Any entry consisting exclusively of instrumental music

B. VOCAL PERFORMANCE



Any entry consisting of any vocal music act (may or may not have instrumental back-up)

C. DANCE PERFORMANCE

Any entry requiring skill and training in bodily exercise (examples: jazz dance, ballet, creative dance, clogging, baton, square dance, acrobatics, martial arts, gymnastics)



D. THEATRICAL PERFORMANCE

Any entry consisting of art or talent not included in any of the above divisions. Ideally, any plays or skits should show talent, skill, and tell a story or message (examples: dramatic interpretation, monologue, one act plays, skits, puppetry, magic, musical revues)



RULES

1. Acts are limited to 5 minutes. No act can exceed the time limit.
2. All acts are required to give a short introduction to their performance. The introduction should; (a) set the stage for the performance; (b) give the background of the material to be performed; and (c) give the judges a better understanding of the performance.
3. You must bring your own iPod or CD player, and music if you need one. All other materials or instruments needed will be furnished by the contestant.
4. You must pre-register to enter. Registration information will be mailed to your teacher before the contest. Please ask your teacher about representing your class.


Small change can count up! Use your creativity to make a piggy bank. Then save your change until March! In March, roll your change and deposit it in a savings account at your bank or credit union and enter your unique piggy bank in the March Contest in your 4-H Club. Use your creativity to



Ideas for decorating piggy banks...

- ◆ Paint on polka dots, hearts, stripes,
- ◆ checks, flowers or abstract designs.
- ◆ Paste on cut outs from magazines.
- ◆ Paste on pieces of fabric or felt.
- ◆ Use purchased stickers.
- ◆ Paste on lace, ribbon or trim.

Ideas for making piggy banks...

- ◆ Use a milk carton. Make the "spout" into a "snout" and feed coins to the pig through the snout.
- ◆ Use milk or soft drink bottles. Add legs and feed coins through the opening or cut an opening in the top. 
- ◆ Use coffee cans or oatmeal boxes. Add ears, legs, tails and a slit for money.

Make a pig with personality!!

- Angelic Pig Athletic Pig
- Baby Piglet Cool Teen Pig
- City Slicker Pig Farmer Pig
- Glamorous Miss Pig Valentine Pig 

Or give your pig your personality!

Get out your flour! It's time to bake some bread! By using the right kinds and amounts of ingredients and by correctly combining these ingredients, you can bake excellent biscuits, quick bread muffins, and yeast breads!

WHAT YOU BAKE: 4th Graders– Cornbread

5th Graders - 3 Biscuits



6th Graders - 3 Quick Bread Muffins


7th-8th Graders - Quick Bread Loaf

9th - 12th Graders - Yeast Bread Loaf



Bake the bread yourself. Use a recipe if you like, but NOT a mix. (GET PERMISSION FIRST!) Read all the ingredients and instructions before you start. Choose bread that is evenly browned and light in texture to enter in the contest.


BISCUITS

- 2 cups sifted, self rising flour
- 1/4 c:up shortening 
- 3/4 c:up milk

Preheat oven to 450°F. Cut shortening into flour until particles are like fine crumbs. Add milk and stir with a fork only until dough leaves the sides of the bowl.

Turn dough out onto lightly floured board or pastry cloth; knead until smooth. Roll dough out about 1/2 inch thick, and cut with a floured cutter. Place on lightly greased baking sheet. Bake 10– 12 minutes. Makes 12 two– inch biscuits.

Country Cornbread

- 2 cups Cornmeal
- 1 egg
- 1/4 cup Vegetable Oil
- 1 3/4 Buttermilk 

**If you desire to use whole milk the amount will be 1 1/3 cup)

Pre-heat oven to 450°F. Grease pans with solid shortening or use paper baking cups with muffin tins.

Combine your egg, oil and buttermilk in large mixing bowl. Next you add your cornmeal and stir ingredients till moisten. Pour mixture in pan. If using muffin tins pour 2/3 full in each tin. Then bake for 20-25 minutes or until golden brown (if baked in muffin tins time may be reduced.)

Applesauce Muffins

- 1 egg 
- 1/2 cup milk
- 1 cup applesauce
- 3 tablespoons soft shortening
- 2 cups sifted, self rising flour
- 1/4 teaspoon nutmeg
- 1/4 teaspoon cinnamon

1/3 cup sugar
Preheat oven to 425°F. Grease bottom of muffin pan, or use paper or use paper baking cups. Break egg in bowl and beat with fork. Add milk, applesauce, and shortening. Sift spices with flour; stir in flour mixture and sugar, mixing just enough to blend. Fill muffin cups 2/3 full. Bake 20 minutes.

Bread Recipes

STRAWBERRY BREAD

(Quick Loaf)

- 1/2 cup sugar
- 1/2 cup butter or margarine
- 1 teaspoon vanilla
- 2 eggs
- 2 cups sifted, all-purpose flour
- 1/2 teaspoon salt
- 1/4 teaspoon baking soda
- 1 cup strawberry preserves
- 1/2 cup buttermilk
- 1/2 cup chopped walnuts (optional)



Preheat oven to 325°F. Grease bottom of 9 in. x 5in. x 3in. Loaf pan; set aside. Cream butter, sugar, and vanilla with an electric mixer until light and fluffy. Add eggs, one at a time, beating well after each.



Stir flour salt, and baking soda into separate bowl; set aside. Combine preserves and buttermilk in small bowl; blend thoroughly. Alternately add flour mixture and preserve

mixture; beat until blended. Stir in walnuts.

HOMEMADE BREAD

- | | | |
|---------------------------------|------------------------|--------------------------|
| 1 package of cake yeast | 1/4 cup lukewarm water | 5 1/2 cups Martha White |
| 1 tablespoon salt | 2 cups milk, scalded | 3 tablespoons shortening |
| 1 tablespoons sugar plain flour | | |

Soften yeast in water. Add sugar, salt, and shortening to hot milk. Cool to lukewarm; then add 2 cups flour, stirring well. Add softened yeast. Add just enough flour to make a moderately stiff dough. Turn dough out onto a lightly floured board or pastry cloth; cover dough with bowl and let rest 10 minutes.

Knead dough until smooth, about 5 minutes. Shape dough into a ball and place in lightly greased bowl; turn to grease top of dough. Cover and let rise in a warm place, until light, about 1 1/2 hours. Punch dough down and let rest for 10 minutes.

Divide dough in half and shape into 2 loaves. Place shaped dough in well-greased loaf pans. Brush tops of loaves with oil. Let rise until light, about 1 hour. Bake at 400°F for 15 minutes; lower temperature to 100°F, and bake 20-25 minutes longer. Turn bread out on racks to cool. Makes 2 loaves.

BANANA NUT BREAD

(Quick Loaf)

- 2/3 cup sugar
- 1/3 cup soft shortening
- 2 eggs
- 3 tablespoons butter-milk
- 1 cup mashed bananas (2 or 3)
- 2 cups sifted, self rising flour
- 1/4 teaspoon soda
- 1/2 cup chopped nuts (optional)



Preheat oven to 350°F. Mix sugar, shortening, and eggs together. Stir in buttermilk, mashed bananas, and flour; then add soda, and fold in chopped nuts.



RULES

1. Use any type of Shirt— T-shirt, sweat shirt, your dad's old shirt
Get permission first! It should be in good condition, and you don't have to make it!
- 2). Decorate the shirt or convert it to a sleep shirt, beach cover up, or a cool shirt that you might wear with your jeans.
- 3). You may use: lace, ribbon, jewels, sequins, or other trim decorative machine stitching or hand stitching appliques (not iron-on), embroidery, cross stitch dyeing, tie dyeing, or fabric paint.
- 4). Do the work yourself. You may remove or alter collars, cuffs, sleeves, pockets, etc... Construction of the shirt will not be judge. Quality of your work and creativity will be judged.
- 5.) Write a paragraph explaining what your creative changes you made!