

DO HOLIDAYS WELL!

RECIPES TO BRING YOUR FAMILY CLOSER

Peach Apricot Freeze



- 32 ounces low-fat peach yogurt
- 2-1-pound cans apricot halves, chopped
- ¼ cup sugar
- 1 cup chopped pecans/walnuts

Combine all ingredients. Freeze in muffin pans with or without paper cup liners. Silicone pans are good. Serve frozen because thaws easily.