Madison County Family and Community Education Clubs operate in cooperation with UT Extension and Madison County Government

University and Extension Staff

Dr. Joseph DiPietro, UT President

Dr. Tim Cross, UTIA Chancellor

Dr. Robert Burns, UT Extension Dean

Richard Powell, Western Region Interim Director

Dr. Lynn Brookins, FCS Program Leader

Tracey Sullivan, Agriculture Program Leader

<u> Madison County Staff</u>

Dr. Amy H. Elizer, Adult FCS Agent and County Director

Administrative Assistants
Delois Thompson

Agriculture Agents

Jake Mallard

Celeste Luckey Scott

4-H Youth Development Agents

Sharon Tubbs

Kane Reeves

Program Assistants

Pat Moyers, FCS

Rosaland Rogers, EFNEP

Teressa McDonald, 4-H

Linda Seaman, 4-H

Will Paul, 4-H

Madison County Agricultural Committee Members

Pearl Newburn

Jim Ed Hart

Mike Taylor

Arthur Johnson

Bill Taylor Pat Woolfolk Dr. Bob Hayes

Jimmy Harris, County Mayor

UT Extension Family and Consumer Sciences

Mission: To strengthen individuals, families, and communities through education.

Education is vital to our mission. As an integral part of The University of Tennessee and the USDA Land-Grant System, Extension is the vital link in delivering current, research-based education to your home and your community. Extension Family and Consumer Science educational programs are delivered to people of all ages.

Extension's partnership with the Tennessee Association of Family and Community Education develops leadership skills and provide individuals and families with up-to-date educational programs addressing critical issues. County programs address local needs and public policy issues. State and national priorities serve as a guide for program development and are targeted to families and individuals who need them most.

At no other time in history have FCS programs been more important to society than they are today. The 2017-18initiatives of UT Extension's FCS programs in Madison County are Tennessee Shapes Up and Tennessee Saves.



For more than 100 years, networks of friends in communities across Tennessee have shared these common goals:

- To learn through shared experience.
- To improve home and community life.
- To strengthen adult education.
- To promote projects that enhance family and community life.

Advisor

Amy Hastings Elizer, Ed. D. Extension Agent and County Director University of Tennessee Extension Email: aelizer@utk.edu

Office Information

309 North Parkway, Jackson, TN 38305 Phone: (731) 668-8543 Fax: (731) 668-8440

Office Hours

Monday-Friday 8 a.m. to Noon & 1-5 p.m.

Madison County Extension website:

Madison.tennessee.edu

<u>Madison County Extension Facebook page:</u> <u>facebook.com/madisoncountyextension</u>

Western Region website:

http://western.tennessee.edu/fce.htm

<u>Tennessee Association of Family and Community</u> <u>Education website:</u> www.tafce.org

2018 TAFCE STATE PROJECTS

Our mission is to strengthen individuals, families, and communities through continuing education, leadership development, and community action. During this year let us strive to do this through support for our <u>children and youth</u> and our <u>communities</u>. The following are ideas of areas where our help may be needed:

LITERACY

- Personal reading and creative writing
- Read to children and listen to children read
- Imagination Library, especially enrollment for children birth to age 5
- Share your magazines with senior facilities

COMMUNITY ACTION

- Attend local and county governmental meetings
- Collect can tabs for Ronald McDonald House
- Wrapped in Love, Linus blankets, hats, gloves, coats, Sewing for Souls
- Care for parks and cemeteries
- Prepare health packs for veterans' hospitals and county health departments
- Promote FCE through community festivals and fairs
- Family Emergency preparation
- Caps or hand puppets for children's Christmas boxes (support your local group)

There are many families with children where neglect and/or abuse are a daily occurrence. Find out what you as an individual can do. Be willing to take action. Throughout the year be sure to read your local newspaper and stay abreast of community events. An informed person is able to act responsibly when needed.

EDUCATION

- Mentor single mothers and young homemakers
- Head Start and classroom support
- 4-H volunteer activities
- School supplies
- Share cultural art skills with others
- Teach leadership skills for your FCE club and other organizations in your community
- Boxtops and Labels for Education

County Council Information

Tues., Jan. 30—Winter County Council Meeting and Pot Luck Location: Madison County Ag Auditorium 11 a.m.—Set up and lunch 12 p.m.—Meeting with program

Sat., Mar. 24—Recognition Brunch 9:30 a.m.—Meal with program

Thurs., Sept. 1—Dues are due to the county treasurer. Amount dependent on changes made at the state level.

Tues., Oct. 24—Fall County Council Meeting Location: TBD 6 p.m.—Meeting with program

Fri.-Sat., Nov. 16-17—Christmas Cottage

Officers

President—Krisann Blair (Starlights)
Vice President—Carlene Tenpenny (Raggedy Anns)
Secretary—Nanette Rolsheim (Pinson)
Treasurer—Mary Ann Martin (Raggedy Anns)

Western Region / State Information

NAFCE Conference: July 19-22, Austin, TX Mini-Conference—August?, place to be determined TAFCE Conference: November 11-14, Memphis, TN

Western Region President

Emma Shupe 100 Greystone Waverly, TN 37185 931-296-1308-Home 931-209-0256-Cell esshupe@yahoo.com

Cultural Arts Contest

Rules:

- An individual may enter only one item per category.
- Articles must be entirely the work of the TAFCE member EXCEPT for Category #41.
- The art or craft must have been completed during the past year (since the last conference).
- No doll kits or pre-printed ("cheater") quilts will be accepted.
- All framable items must be framed.
- Each member is responsible for arranging transportation for exhibits to and from the State conference site.
- Each Region must provide its own materials required to exhibit articles. Tape and nails cannot be used on walls. If items are best displayed hung, please provide a means of hanging.
- Entries will be exhibited by category.
- A "Viewer's Choice" award by popular vote will be presented.
- A list of Region winners should be sent to the State Chair as soon as chosen. The Tennessee Association for Family and Community Education (TAFCE), its officers or members, or the University of Tennessee Extension staff will not be responsible for any lost, misplaced or damaged items. We do not anticipate any misfortunes, but this disclaimer must be clearly understood by all exhibitors.
- All exhibitors must be TAFCE members in good standing.

Categories:

- 1. Basketry: Any material
- 2. Beadwork: Jewelry, clothing, any other
- 3. Ceramics
- 4. Chairs and Stools: Woven or caned
- 5. Crochet
- 6. Cross-Stitch—Counted (not including machine cross-stitch)
- 7. Cross-Stitch—Other (not including ma chine cross-stitch)
- 8. Decorative Painting: Tole, china painting, textile painting, stenciling, any other
- 9. Dolls: Any type, no kits
- 10. Hand Embroidery: All types including Brazilian, ribbon, crewel (all hand work)
- 11. Machine Embroidery: all types including ma chine cross-stitch
- 12. Fine art painting—Acrylics

- 13. Fine art painting—Charcoal and Drawings
- 14. Fine art painting—Pastels
- 15. Fine Art Painting—Oil
- 16. Fine Art Painting—Watercolor
- 17. Handcrafted Toy—Any material
- 18. Hand Stitching—Other: Hardanger, cutwork, smocking, applique
- 19. Holiday Decoration—Christmas only
- 20 Holiday Decoration—Any other than Christmas
- 21. Jewely—Non-beaded
- 22. Knitting—Hand
- 23. Knitting—Machine
- 24. Needlepoint—Any type canvas
- 25. Paper Crafts
- 26. Photography—Black and White: person (individuals and groups)
- 27. Photography—Black and White: place (landscapes, scenery)
- 28. Photography—Black and White: all other (animals, insects, flowers, etc.)
- 29. Photography—Color: person (individuals and groups)
- 30. Photography—Color: place (landscapes, scenery)
- 31. Photography—Color: all other (animals, insects, flowers, etc.)
- 32. Pottery

For the following quilt categories, ALL WORK MUST BE BY MEMBER:

- 33. Quilts—Applique and Cathedral Window
- 34. Quilts—Baby and Lap
- 35.Quilts—Embroidered—Hand
- 36. Quilts—Embroidered—Machine
- 37. Quilts—Hand-pieced and Hand-quilted
- 38. Quilts—Machine-pieced and Hand-quilted
- 39. Quilts—Hand-pieced and Machine-guilted
- 40: Quilts—Machine-pieced and machine-quilted
- 41. Quilts—Hand or Machine-pieced and Profession al Quilted (all work of member EXCEPT quilting may be done by another FCE member or non-member; paid or free)
- 42. Quilts—Pillow
- 43. Quilts—Wall Hanging
- 44. Quilts—All other—includes clothing, pot holders, placemats and rag-time quilts
- 45. Repurposing—Recycling materials to create something new
- 46. Rugmaking—Any type
- 47. Sculpture—Any medium
- 48. Stained glass
- 49. Tatting
- 50. Weaving—Hand
- 51. Weaving—Loom
- 52. Wood Carving

Recognition Opportunities

Creative Writing Contest Rules:

- Entries must be work of an F.C.E. member, who is not a professional writer (not compensated for their articles).
- Entry must not exceed 1,000 words.
- Entries may be legibly handwritten or typed.
- Include the writer's name, address, phone number, club and county.
- Deadline for submitting entries to the Extension Office is June 1.
- Those judged 1st place in each category at the District level will be sent to the State to be compiled into a notebook.
- Entries will NOT be returned; be sure to keep a copy.
- A member may submit entries in any or all categories.
- Categories are as follows: 1) Poetry: Any style; 2) Essays: Any subject or person; 3) Shorter Stories; 4) Children's Stories; 5) Feature Article/News Article: Submit original publication including the date and title of publication; and 6) Miscellaneous: entries not fitting above categories.
- Judging is based on organization (intro gets attention, indicates direction, body well organized, conclusion ends with a purpose or summarizes); Creativity/Originality



Other Recognitions

While the spirit of F.C.E. responds most highly to unspoken efforts of the many, once a year at the Annual Awards Brunch, we pause to recognize contributions to family, community and literacy—even if only at a personal level. The following recognitions are presented in addition to reading and club awards:

Individual County Recognition

- Ideal Club Member—Based on report form and secretary records, this award recognizes those who attend at least 6 local meetings, serve in some type of volunteer and/or leadership role in the local club, participate in at least 2 county, district or state FCE opportunities, participate in at least 2 county FCE or UT Extension service activities, and participate in at least 3 club activities.
- Outstanding New Member of the Year— Must be active member 2 years or less in the previous program year.
- Outstanding Member of the Year—Must be active member 2 years or more.
- Membership Recognition Certificate presented at the five-year increments.
- Perfect Attendance—recognizes members who attended 100% of their local club's meetings or made up within 30 days. This is based on secretary's record.
- Reading Recognition—members record number of books read.

Certified Volunteer Units

 Record your hours by the month in the back of this yearbook. All hours turned in are recognized at the county level. When 500 hours are accumulated, a Certificate of Recognition is awarded by the state organization. Recording and turning in hours helps show our government officials the value of your work in our community.

Date:	
Place:	
Hostess(es):	
AGENDA	
"Success isn't about how much money you make, it's the difference you make in people's lives" ~Michelle Obama	February NOTES:
Call to Order with Thought for the Day	
Eye Opener: Devotional Leader	
Roll Call: Secretary If you were guaranteed to be successful, what would you plan to do?	
Minutes: Secretary	
Financial Report: Treasurer	
Business Session: President Project and Committee Reports Unfinished Business New Business	
Program: Preventing the Stomach Bug	
Objective: Participants will learn about Norovirus and its prevention.	
Adjourn	



Monotes:	ch	
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	 	_

Date:	 	
Place:		
••		
Hostess(es):	 	

AGENDA

Thought for the Day

"Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts. There is something infinitely healing in the repeated refrains of nature -- the assurance that dawn comes after night, and spring after winter."

~ Rachel Carson, Silent Spring

Call to Order with Thought for the Day: President

Eye Opener: Devotional Leader

Roll Call: Secretary

It's National Nutrition Month! Share your best

tip for trying to eat healthfully.

Minutes: Secretary

Financial Report: Treasurer

Business Session: President

Project and Committee Reports

Unfinished Business

New Business

Program: Healthy Eating Away from Home

Objective: Participants will learn clues for making wise food choices when traveling or simply eating out.

Adjourn

S P R I Date:	N
Place:	April
Hostess(es):	NOTES:
Thought for the Day "Angels can fly because they take themselves lightly." \sim G. K. Chesterton	
AGENDA Call to Order with Thought for the Day: President	
Eye Opener: Devotional Leader	
Roll Call: Secretary	
Roll Call: What do you like to do on rainy days?	
Minutes: Secretary	
Financial Report: Treasurer	
Business Session: President Project and Committee Reports Unfinished Business New Business	
Program: Identifying Misinformation on the Internet and Understanding the Meaning of a Single Nutrition Research Report—Agent	
Objectives: Participants will gain knowledge and skill to identify reliable nutrition information on the Internet and to understand the meaning of a single research report as typically shared in the media	

Adjourn



Place:	

Hostess(es):



AGENDA

Thought for the Day

"Everybody has gone through something that has

May	changed them in a way that they could never go back to the person they once were." $\sim Loveyour life quotes$
NOTES:	Call to Order with Thought for the Day: President
	Eye Opener: Devotional Leader
	Roll Call: Secretary Name your most memorable time spent with your mother.
	Minutes: Secretary
	Financial Report: Treasurer
	Business Session: President Project and Committee Reports Unfinished Business New Business
	Program: Fraud A lert—Guest Speaker
	Objectives: Participants will learn how to spot and avoid fraud.
	Adjourn

Date: Place: Hostess(es):	
AGENDA CLUB CHOICE	
Thought for the Day A new broom sweeps clean, but the old one knows the corners.	Happy Father's 1
Call to Order with Thought for the Day: President Eye Opener: Devotional Leader Roll Call: Secretary Name one special kindness that was shown to you during the last year.	June NOTES:
Minutes: Secretary Financial Report: Treasurer Business Session: President Project and Committee Reports Unfinished Business New Business	
Tennessee \$aves Hint: Cut laundry detergent and dryer sheet use in half. The laundry detergent sold today is usually highly concentrated and powerful. Use the smallest suggested amount, and often you can use less than what's on the bottle and still get clean clothes. In many cases, using less actually washes more effectively because there's no leftover soap in your clothes. And tearing your dryer sheets in half gives the same result for half the price	
Walk Across TN Tip: Set Realistic Goals. Don't strive for perfection or an improbable goal that can't be met. Focus instead on increasing healthy behaviors. In other words, don't worry if you can't run a 5K just yet. Make it a habit to walk 15 minutes a day, and add time, distance, and intensity from there.	
Adjourn	



Date:			
Place:			
Hostess(es):			

AGENDA CLUB CHOICE

	CLOD CHOICE	
	Thought for the Day	
July NOTES:	"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see which has opened for us."	
110123.	~ Helen Keller	
	Call to Order with Thought for the Day: President	
	Eye Opener: Devotional Leader	
	Roll Call: Secretary Name your favorite dish at a summer cookout.	
	Minutes: Secretary	
	Financial Report: Treasurer	
	Business Session: President Project and Committee Reports Unfinished Business New Business	
	Tennessee \$aves Tip: Save automatically through a monthly transfer from checking to savings, ideally soon after you are paid	

Tennessee \$aves Tip: Save automatically through a monthly transfer from checking to savings, ideally soon after you are paid. What you don't see, you probably won't miss. These savings will provide funds for emergencies, home purchase, school tuition, or even retirement.

Walk Across TN Tip: Warming up before exercise prepares the heart and other muscles for the activity ahead. Warm up several minutes before beginning your physical activity routine. Beginning each workout by doing a slower, gentle version of the activity that you plan to do.

Adjourn

Date:	
Place:	
Hostess(es):	SCHOOL
AGENDA	Pagkato
CLUB CHOICE	School
Thought for the Day	
"It's painful grieving the loving, caring, safe family you never had." ~ Lily Hope Lucario	August
Call to Order with Thought for the Day: President	NOTES:
Eye Opener: Devotional Leader	
Roll Call: Secretary Tell about a happy childhood memory.	
Minutes: Secretary	
Financial Report: Treasurer	
Business Session: President Project and Committee Reports Unfinished Business New Business	
Tennessee Saves Tip: Master the 30-day rule. Avoiding instant gratification is one of the most important rules of personal finance, and waiting 30 days to decide on a purchase is an excellent way to implement that rule. Quite often, after a month has passed, you'll find that the urge to buy has passed as well, and you'll have saved yourself some money simply by waiting. If you're on the fence about a purchase anyway, waiting a while can give you a better perspective on whether it's truly worth the money.	
Walk Across TN Tip: Flexibility and stability exercises contribute to an active lifestyle and help prevent injuries or falls.	
Adjourn	



September NOTES:

Date:	
Place:	
Hostess(es):	
	AGENDA
"Autumn carries other seasons."	more gold in its pocket than all the ~Jim Bishop
Call to Order with	Thought for the Day: President
Eye Opener: Devo	tional Leader
Roll Call: Secretar Name your favo	y orite fall tradition.
Minutes: Secretary	r
Financial Report: 7	Treasurer
Business Session: I Project and C Unfinished B New Busines	Committee Reports Business
Program: Sustainal	ble Living
againParticipan	everything old is new ts will review ways to reduce a natural resources.
Adjourn	

Date:	Breast and Prostate Cancer
Hostess(es): AGENDA	
Thought for the Day	Awareness Month
"Autumn is a second springwhere every leaf is a flower."	
~ Albert Camus	October
Call to Order with Thought for the Day: President	NOTES:
Eye Opener: Devotional Leader	
Roll Call: Secretary Name a fact about your home town.	
Minutes: Secretary	
Financial Report: Treasurer	
Business Session: President Project and Committee Reports Unfinished Business New Business	
Program: Medicare and Open Enrollment—Agent	
Objective: Participants will gain updated information on Medicare in preparation for open enrollment.	
Adjourn	



Date:	 	 	
Place:			
Hostess(es):			

AGENDA

	Thought for the Day
November NOTES:	"It takes but one positive thought when given a chance to survive and thrive to overpower an entire army of negative thoughts." ~ Robert H. Schuller
	Call to Order with Thought for the Day: President
	Eye Opener: Devotional Leader
	Roll Call: Secretary Name a family activity that you value most.
	Minutes: Secretary
	Financial Report: Treasurer
	Business Session: President Project and Committee Reports Unfinished Business New Business
	Program: The Holidays are Coming!
	Objective: Participants will gain time and money-saving ideas for this holiday season.
	Adjourn

16

Date:	
Place:	
Hostess(es):	
AGENDA	00
Holiday Fellowship	
Thought for the Day	
Blessed is the season which engages the whole world in a	
conspiracy of love. ~ Hamilton Wright Mabie	Decembe
Call to Order with Thought for the Day: President	NOTES:
Eye Opener: Devotional Leader	
Roll Call: Secretary What is your favorite holiday tradition?	
Minutes: Secretary	
Financial Report: Treasurer	
Business Session: President Project and Committee Reports Unfinished Business New Business	
Adjourn	



Date:		
Place:		
Hostess(es):		

AGENDA

"Happiness is a conscious choice, not an automatic

~ Mildred Barthel

January 2019

2019	
NOTES:	Call to Order with Thought for the Day: President
	Eye Opener: Devotional Leader
	Roll Call: Secretary What is the biggest GOAL that you want to accomplish in 2018?
	Minutes: Secretary
	Financial Report: Treasurer
	Business Session: President Project and Committee Reports Unfinished Business New Business
	Program: 2019 Planning President—Consider personal and club priorities for 2019.
	Adjourn

Thought for the Day

response."

FCE Club Member Report Form

Name:

throughoumeetings.	it the year. The form should be turned in	o complete this form at club meetings at either the November or December club is asked to turn them in to the Extension
Member e	eligibility. To be eligible, a member mus	, will also be used to determine Ideal Club t:
• Attend	l at least 6 local meetings	
• Serve	in some type of volunteer and/or leaders	ship role in the local club (#1 below)
 Partici 	pate in at least 2 county, district or state	FCE opportunities (#2 below)
 Partici 	pate in at least 2 county FCE or UT Ext	ension service activities (#3 below)
		this form or form provided by local club)
	the office, project leader, and/or special s includes serving as a hostess.	assignment position you held during the
year—this	s includes serving as a hostess.	
year—this	at least two county, district or state F.C. Recognition Brunch Leadership in Action Conference	E. opportunities in which you participated. County-Wide Workshop Mini-Conference
year—this	at least two county, district or state F.C. Recognition Brunch Leadership in Action Conference TAFCE Convention	E. opportunities in which you participated. County-Wide Workshop Mini-Conference Creative Writing Contest
year—this	Recognition Brunch Leadership in Action Conference TAFCE Convention Certified Volunteer Unit Recognition	E. opportunities in which you participated. County-Wide Workshop Mini-Conference Creative Writing Contest Reading Recognition
year—this	Recognition Brunch Leadership in Action Conference TAFCE Convention Certified Volunteer Unit Recognition Cultural Arts Contest	E. opportunities in which you participated. County-Wide Workshop Mini-Conference Creative Writing Contest Reading Recognition Christmas Cottage
year—this	Recognition Brunch Leadership in Action Conference TAFCE Convention Certified Volunteer Unit Recognition	E. opportunities in which you participated. County-Wide Workshop Mini-Conference Creative Writing Contest Reading Recognition

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	A	Е	A	P		U		U	Е	С	О	Е
	N	В	R	R	Y	N	L	G	P	T	V	С
Hours Volunteered												
Books Read												
Club members write in activities and												
check the month participated:												